

What Vitamin D3, Calcium and Omega 3 Can Do for You
by Sara Rendell

Reference list

Paranandi A1, Asztalos BF, Mangili A, Kuvin J, Gerrior J, Sheehan H, Skinner SC, Tang AM, Wanke CA. Short communication: effects of omega-3 fatty acids on triglycerides and high-density lipoprotein subprofiles in HIV-infected persons with hypertriglyceridemia. *AIDS Res Hum Retroviruses*. 2014 Aug;30(8):800-5. doi: 10.1089/AID.2014.0005.

Oliveira JM, Rondó PH. Omega-3 fatty acids and hypertriglyceridemia in HIV-infected subjects on antiretroviral therapy: systematic review and meta-analysis. *HIV Clin Trials*. 2011 Sep-Oct;12(5):268-74. doi: 10.1310/hct1205-268.

Peet M, Horrobin DF. A dose-ranging study of the effects of ethyl-eicosapentaenoate in patients with ongoing depression despite apparently adequate treatment with standard drugs. *Arch Gen Psychiatry*. 2002 Oct;59(10):913-9.

Sarris J, Mischoulon D, Schqetzer I. Omega-3 for bipolar disorder: meta-analyses of use in mania and bipolar depression. *J Clin Psychiatry*. 2012;73(1):81-86.

Stradling C, Chen YF, Russell T, Connock M, Thomas GN, Taheri S. The effects of dietary intervention on HIV dyslipidaemia: a systematic review and meta-analysis. *PLoS One*. 2012;7(6):e38121. doi: 10.1371/journal.pone.0038121. Epub 2012 Jun 11.

Mischoulon D, Freeman MP. Omega-3 fatty acids in psychiatry. *Psychiatr Clin North Am*. 2013 Mar;36(1):15-23.

Centers for Disease Control and Prevention, "Why Vitamin B12 Deficiency Should Be on Your Radar Screen," <http://www.cdc.gov/ncbddd/b12/>. Accessed 12 October 2014.

Vitamin D Council, "HIV and AIDS." Available at:
<https://www.vitamindcouncil.org/health-conditions/hiv-and-aids/#>

The AIDS Reader, "Treatment of HIV-Associated Dyslipidemia: A Role for Omega-3 Fatty Acids," July 1, 2007. Available at:
<http://www.theaidsreader.com/articles/treatment-hiv-associated-dyslipidemia-role-omega-3-fatty-acids#sthash.IXOLuKJo.dpuf>